

CRIES – 8 Child Impact of Events Scale Unsourced

Below is a list of comments made by people after stressful life events. Please tick each item showing how frequently these comments were true for you *during the past seven days*. If they did not occur during that time please tick the 'not at all' box.

Name:

Date:

	Not at all	Rarel y	Some - times	Often
1. Do you think about it even when you don't mean to?	[]	[]	[]	[]
2. Do you try to remove it from your memory	[]	[]	[]	[]
3. Do you have waves of strong feelings about it	[]	[]	[]	[]
4. Do you stay away from reminders of it (e.g. places or situations)	[]	[]	[]	[]
5. Do you try not talk about it	[]	[]	[]	[]
6. Do pictures about it pop into your mind?	[]	[]	[]	[]
7. Do other things keep making you think about it?	[]	[]	[]	[]
8. Do you try not to think about it?	[]	[]	[]	[]

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Name:

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	Not at all 0	Rarely 1	Some- times 3	Often 5	In	Av
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5. Do you try not talk about it	[]	[]	[]	[]		
6. Do pictures about it pop into your mind?	[]	[]	[]	[]		
7. Do other things keep making you think about it?	[]	[]	[]	[]		
8. Do you try not to think about it?	[]	[]	[]	[]		
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SCORING

There are 8 items that are scored on a four point scale:

Not at all = 0

Rarely = 1

Sometimes = 3

Often = 5

There are two sub-scales:

Intrusion is sum of items = 1+3+6+7

Avoidance is sum of items = 2+4+5+8

Total scores over 17 indicates PTSD with 86% reliability

